

## House of Hope Community Garden

Jesus' words "For I was hungry and you gave me food" are the foundation for the House of Hope Community Garden on the lawn of the church.

House of Hope started the garden in 2011 to pursue social righteousness and to be good neighbors within our community. The church used its privileged and influential position on Summit Avenue and a portion of the front lawn to highlight inequalities and injustices in our community.

The vegetables grown in our garden supply Neighborhood House food shelf, a local nonprofit located on the west side of St. Paul. The goal is to provide a balance of "staple items" as well as produce that the ethnic communities who use the food shelf will enjoy. We grow at least six different types of herbs, a variety of lettuce, and more than 20 types of fruit and vegetables. Patrons are always delighted to see us come in with a delivery of fresh produce.

Food shelf representatives note a sharp uptick in need during the summer months, as more families come in more often and donations drop due to few food drives at this time of year. Children

lose access to the free or reduced-price lunch programs at school. House of Hope offered a solution—when our neighbors are hungry, grow and give them food.

Maintaining our garden is a challenge—a rewarding challenge to be sure, but a challenge just the same. This type of mission work requires many hands. Volunteers of any experience level, any age, and at any time are welcome. We welcome those who want to meditate while weeding or engage in the fellowship of harvesting together. We also welcome volunteers who may not want to get their hands dirty, but who would be willing to chauffeur vegetables to the food shelf and see the smiles on our neighbors' faces as you deliver food and love that we would all hope for in a time of need.

No time commitment is needed to volunteer in the garden. You can join us just once in the season, make it a weekly routine through October, or anything in between. You can meet up with others, or you can weed or harvest on your own. If you're interested in volunteering, you can often find Elizabeth Karre in the garden or you can email [houseofhopegarden@gmail.com](mailto:houseofhopegarden@gmail.com).



*"Knowing is not enough;  
we must apply. Willing is not  
enough; we must do."*

—Johann Wolfgang von Goethe,  
18<sup>th</sup> century philosopher



## Save the Date

**Rally Sunday | September 9, 2018**

A celebration of community with neighbors, members and friends. Picnic, games, and festivities for all.



Our House of Hope Community Garden was featured in the Spring/Summer issue of *The Butterfly Effect*. You can check it out online at: [www.bit.ly/2I21ROY](http://www.bit.ly/2I21ROY)

# Congratulations and Best Wishes to The Reverend Jeffrey Foels

Reverend Dr. Andrew McDonald



Ministers are called by God to show forth the mysteries of God's grace in word and action, lifting

the people's vision toward the hope of God's new creation. They teach, preach, and support the people they serve in faith, hope, and love. The Rev. Jeffrey Foels has served the House of Hope in multiple capacities for the past eight years. Jeff has now received a new call to be the pastor of Plymouth Presbyterian Church in Plymouth, MN. Plymouth is a young and vibrant church, and they have seen in Jeff the ability to be a spiritual guide who can lead them into a wonderful future.

Along with the members of House of Hope, the Session, and the Staff, I want to express my profound gratitude to Jeff for his ministry here. He has shown grace, wisdom, faithfulness, joy, energy, and compassion in his work. He has been an exemplary Associate Pastor. I have experienced Jeff as an example of outstanding collegiality. The highest

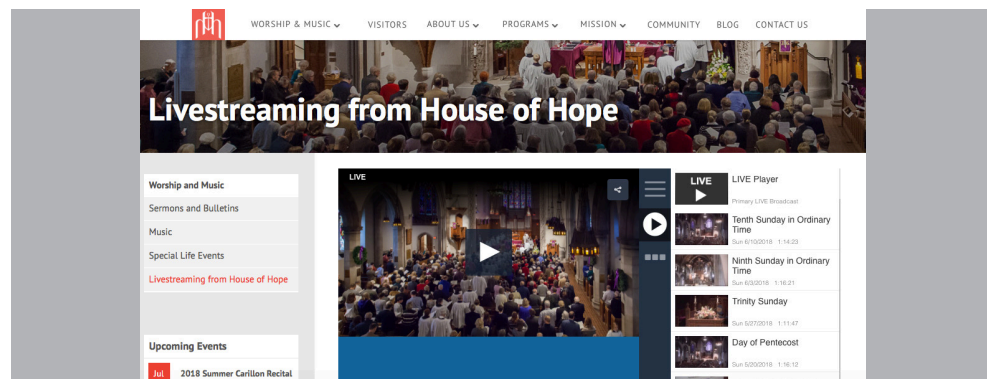
compliment a person of faith hopes to hear is, in the words of Jesus Christ, "Well done, good and faithful servant. Enter the joy of your master." We are all grateful for his work, friendship, and ministry.

The Session of the House of Hope has received Jeff's request to dissolve his pastoral relationship here so he may move to Plymouth, and in that light, the Session has called a Congregational Meeting for that purpose on July 15, 2018 during worship. The Session has appointed the Personnel Committee to search for a Transitional Associate Pastor.

Rev. Foel's last sermon will be on July 8. We will have a time to recognize and celebrate his ministry during worship on July 22, with a cake reception following. Please join us as there is so much to celebrate in his work among the people of the House of Hope.

Sincerely,

Rev. Dr. Andrew McDonald  
Transitional Head of Staff



Participate in worship at House of Hope even when you can't attend in person. Check out the livestreaming options on our website. You can watch the service in real-time or choose from a selection of past services. This is a great way to stay connected—to your House of Hope community and God.

## WORSHIP

10 a.m.

**Sunday, July 1**  
**Sixth Sunday after Pentecost**

**The Motet Choir:**  
*Locus Iste*, Bruckner  
*Listen, Sweet Dove*, Smith

**Sunday, July 8**  
**Seventh Sunday after Pentecost**

**Motet Choir**  
*O Sing Joyfully*, Batten  
*Kyrie from Mass in C*, Beethoven

**Sunday, July 15**  
**Eighth Sunday after Pentecost**

**Motet Choir**  
*Lord, for Thy Tender Mercies Sake*, Farrant  
*Draw Us in the Spirit's Tether*, Friedell

**Sunday, July 22**  
**Ninth Sunday after Pentecost**

**Motet Choir**  
*Kyrie & Gloria (Little Organ Mass)*, Haydn  
*Agnus Dei (Little Organ Mass)*, Haydn

**Sunday, July 29**  
**Tenth Sunday after Pentecost**

**Motet Choir**  
*Awake My Heart*, Marshall  
*A Gaelic Blessing*, Rutter

**Sunday, August 5**  
**Eleventh Sunday after Pentecost**

**Sunday, August 12**  
**Twelfth Sunday after Pentecost**

**Sunday, August 19**  
**Thirteenth Sunday after Pentecost**

**Sunday, August 26**  
**Fourteenth Sunday after Pentecost**



## Who We Will Love

by Patricia Hampl

The old man from the next cabin is inspecting the rocks.  
He has a jeweler's eyepiece, and the picnic table is covered  
with Precambrian chunks of Lake Superior.  
This shoreline looks like the Maine coast,  
the oceanic breakers, the boulders jutting out  
to meet the water like the north Atlantic shelf.  
This old man is our best example of New England.  
He is tall, the lean puritan body bends with stern attention  
over the marvelous multiplicity of God's plainness,  
the repetitive rocks, the limitless plate of unbroken water,  
the unbudging glacial history of the boulders  
that speaks of the slowness of violent change.  
He has attended to all of this for forty summers.  
He is so beautiful, we all want to fall in love  
with stoical ministers who are charred with doubt,  
with watchmakers who repair fine old timepieces,  
with farmers who wake up early to split oak logs  
and stack them in piles for winter.  
We'll fall in love with anyone who  
takes his time, who looks who agrees  
whose head gets whiter and frailer every summer,  
whose response to the wind-blown opening  
of the wild rose is, "Yes, correct."  
He must believe in the rigorous clock of the season,  
he must be able to count.  
Beyond that, his time is his own.  
The spider-webs hoisted between the starry asters  
that shiver with cold dew,  
the sleek timothy grass and the hair of the buffalo grass  
the raspberry bushes, the gooseberries  
in their thorny lives, the silky black and white skunk  
who turned shyly, who did not want to fight,  
the young seagull whose feathers are still mottled  
like the egg he came from,  
the stones, the stones, the stones,  
the lapping fresh water, the soft, unfired  
bowl that holds the water:  
we will love  
who loves all this.

.....  
*Do you have a poem or book to share with other House of Hope members? We invite you to send one or two for possible inclusion in future issues of The Anchor. Please send suggestions to Pastor Julia Carlson, [JuliaC@hohchurch.org](mailto:JuliaC@hohchurch.org)*



## Recommended Spiritual Read

**Chosen by Reverend Julia A. Carlson**



### ***Gift from the Sea***

by Anne Morrow Lindbergh

I ran across quotes from Anne Morrow Lindbergh's *Gift from the Sea* in many places before buying a copy and reading it—cover to cover. As her daughter Reeve suggests in the introduction of the 50<sup>th</sup> Anniversary Edition, a person can engage in it by reading it from beginning to end or starting at any point in the book. Through her complete presence and attention to water, sand, and seashells, in one summer, Anne found wisdom to understand marriage, solitude, happiness, contentment, and the work of aging gracefully. She reflects on ways to bring her newfound wisdom home with her and into her everyday life as well. Her writing is focused on her own life, on a woman's life, but holds wisdom for all.

### **Suggested book on prayer**

*Prayer, Fear, and Our Powers: Finding Our Healing, Release, and Growth in Christ*, by Flora Slosson Wuellner

## Great Decision

**July 10 at 4 p.m.**

### **Global Health Issues with Jeffrey Anderson**

The collective action of countries, communities, and organizations over the last 30 years has saved millions of lives around the world. Yet terrible inequities in health and wellbeing persist. The world now faces a mix of old and new health challenges, including the preventable deaths of mothers and children, continuing epidemics of infectious diseases, and rising rates of chronic diseases.

**August 14 at 4 p.m.**

### **Media and Foreign Policy with Richard Virden**

State and non-state actors today must maneuver a complex and rapidly evolving media landscape. Conventional journalism now competes with user-generated content. Official channels of communication can be circumvented through social media. Cyberwarfare, hacking, misinformation, tweets, "fake news"...what are the implications for U.S. policy?



## 2018 Summer Carillon Recital Series Opens July 4

The 24<sup>th</sup> Annual Summer Recital Series opens July 4 with an Independence Day program performed by House of Hope Carillonneur Dave Johnson. Rain or shine, the programs will feature outstanding players, all of whom have passed examination recitals that advanced them to Carillonneur member of The Guild of Carillonneurs in North America.

Sue Bergren (July 8) is principal organist at Our Saviour's Lutheran Church in Naperville, IL. She earned a Master's degree in organ performance after having worked for several years in a non-musical technical environment. She plays regularly on the Naperville Millennium Carillon. She has been a guest recitalist in the International Carillon Festival at the Rees Memorial Carillon in Springfield, IL, guest recitalist in the International Carillon Festival at Bok Tower Gardens in Lake Wales, FL, and recently played several recitals in Australia.

Hunter Chase (July 15) studied the carillon as an undergraduate at the University of Chicago, first with Oliver McDonald and later with Jim Fackenthal on the Rockefeller Carillon. For three years, he served as president of the Guild of Student Carillonneurs at the University of Chicago, an organization dedicated to instruction and promotion of the carillon. He continues to play regularly of Chicago. In 2017, he took 5<sup>th</sup> prize in the Thomas Rees International Carillon Competition.

Kimberly Schafer (July 22) is a dedicated carillon performer, bell researcher, and bell advocate. She studied with Margo Halsted (University of Michigan), George Gregory (Central Christian Church, San Antonio), and Eddy Mariën (Royal Carillon School "Jef Denyn"), earning a diploma with great distinction there. She has performed throughout the United States and is currently carillonneur at St. Chrysostom's Episcopal Church in Chicago. She is a partner in Chicago Bell Advocates, which promotes the current and future potential of bells and bell instruments in North America.

Laura Ellis (July 29) is Associate Professor of Music in the School of Music at the University of Florida. In addition to her duties as university organist, she oversees the Andrew Anderson Memorial Organ in the University Auditorium, the carillon in Century Tower, and the historic keyboard instruments housed in the School of Music. She has performed throughout the United States, the Netherlands, Canada, and Australia, as well as at the International Carillon Festival and the annual congress of the GCNA.

Bring a blanket, folding chairs, a basket filled with picnic treats for you, and enjoy the music of the bells. The 2018 House of Hope Carillon Series is again supported by a grant in memory of Sanford "Sandy" Moss, made at the recommendation of Harold and Grace Kurtz, executors of the Moss estate.

## House of Hope's Stephen Ministry Program Enters Year Four

Our program has grown from three people to five leaders and 13 trained Stephen Ministers. Within the program, we find we all have learned new skills, gained friendships, and experienced spiritual growth. In our care giving relationships care givers and receivers alike are experiencing Jesus Christ in new ways as difficulties turn into clarity, meaning, and wholeness; we all gain greater peace of mind when our hurts are tended and struggles are heard.

If you are interested in becoming a Stephen Minister or if you would appreciate some additional support in your life, please contact pastor Julia Carlson at (651) 223-7553 or [JuliaC@hohchurch.org](mailto:JuliaC@hohchurch.org).



The House of Hope 2018-19 Deacons are ready for ministries of congregational care and hospitality. The photographer said to say, "Hallelujah" and everybody did!



# Gifts that Keep on Giving

The Anchor Society met in early June for a friendly lunch. Barbara Roy was the host representing the Planned Giving Committee of Trustees, who along with Rev. Andrew McDonald expressed thanks for commitments to our church that go beyond a lifetime.

Naming House of Hope as the beneficiary of your will, donor advised fund, IRA, or insurance policy is a way to support a future which can be imagined, but not experienced.

Why do members of House of Hope make planned gifts to support their church? One attendee said that it's about what we value, what we love, and how we show it. Ginger Overbye commented, "We hope our gift will help keep the church going into the future." Bill Liike responded, "Why do I wear my Anchor Society pin? I want others to know life has been good to me. God has blessed

me with good health, an excellent career, rewarding retirement, so many good friends, and modest wealth. My estate gift will pay back gifts I've received and I'm paying forward to sustain the life of the church."

Nancy Weyerhaeuser commented, "We love House of Hope and the important role it has played in Ted's family and my Neimeyer family through the years. We like the community outreach programs and the church's involvement in the city around us." Shel and Carol Damberg set up a donor advised fund which will pass to the church's Endowment and as far back as 1982 they established a Choir School Endowment to help sustain the school into the future.

Susan Haigh and Gregg Johnson offered that "House of Hope has been our church for 35 plus years. We have celebrated family weddings, baptisms,

## THE ANCHOR SOCIETY



confirmations, funerals, and listened to the wonderful music and inspiring sermons in worship. We love the idea that our planned gifts will help support the endowment for decades to come and new families will find a home here. The endowment is there to ensure that our church can continue serving our neighbors in the community."

We wish to thank The Anchor Society members for their vision. And take a moment to acknowledge the many members who are no longer with us, who built this community of hopeful believers and who "passed forward" their gifts to us and in thanks to God. —Kathy Schubert





# Children, Youth, and Family Programming

## Summertime Spirituality for Families

Summer is the perfect time to go on vacation, enjoy new experiences, and make memories. While you are enjoying the great outdoors, consider implementing one of these spiritual activities found in *Faith Families* by Traci Smith.

- Go outside and find something beautiful to focus on. Notice all the details you can and talk about them with your family. Go back inside and try to recreate the scene by drawing or painting it.
- At the beginning of the day, instruct everyone to plan to take three mental snapshots of special or beautiful moments in the day. At the end of the day, ask each person to recall their snapshots to share with the family.
- Choose a location and pack the supplies you will need for a walk. Introduce the idea of a prayer walk to your family by asking them to look for works of God in the world around them. Collect items you find, take photos, draw, or write about your discoveries. After the walk, gather together to share what you learned.



## Popsicles in the Park

The weather is warm so we're cooling off with Popsicles in the Park on Monday, July 23, from 9–11 a.m. at the House of Hope Community Playground. Join us for popsicles, music, bubbles, chalk, and playtime. Wear sunscreen. Bring a water bottle and favorite outdoor ball or activity. We'll take care of the rest. Children under six years old must be accompanied by an adult. Parents are responsible for participating children. If it rains, we will postpone this event until August.

## Donations for Tweens

The Children and Family Ministries is building a tween lounge for our fourth through sixth graders. If you have comfortable individual chairs (e.g., gamer, beanbag, papasan, or other cushioned seating) you would like to donate to House of Hope, contact Kiera Stegall at [KieraS@hohchurch.org](mailto:KieraS@hohchurch.org) or (651) 223-7547.

## Sunday Summer Programs

**Sanctuary:** Children are always welcomed in the Sanctuary. Worship bags are available at all entrances to the Sanctuary.

**Nursery:** Children, birth through three-years-old, are invited to join us for summertime nursery on Sunday mornings from 9:45–11:15 a.m. in Rooms 2 and 8.

**Summer Studio:** After the time for children, four-years-old through rising sixth graders are invited to join us in Room 4 and on the House of Hope Community Playground (weather permitting). Please dress children in comfortable, weather appropriate clothes. Wear sunscreen and join us for Creative Expressions inspired art, playtime among God's beautiful creation, and learn about the teachings of Jesus.



## Make A Joyful Noise with the House of Hope Choir School

The Choir School offers outstanding music education and choral training to children, PreK-Grade 12, in a positive and enthusiastic setting. Classes run September-May and are open to all.

Visit [www.hohchurch.org/choir-school](http://www.hohchurch.org/choir-school) for more information. Registration is August 26–29; please contact Choir School Director Sofia Ardan to make a registration appointment.

# Stay Spiritual This Summer

Summer has finally arrived. A time to rest, relax, and rejuvenate—in both our personal life and our spiritual life. While endless, summer days at the lake, on the road, or on the golf course may take us away from worship, they also offer an opportunity to pay attention to our spiritual life. Thankfully, we can enjoy a carefree lifestyle during the summer, while also growing our relationship with God.

## 1. Stick to quick reads.

Summer is the perfect time to invest in a devotional. Ask friends for recommendations, then visit your local bookstore, place an order online, or download an electronic version. The key is to choose something you'll actually make time to read. Shoot for one- to two-page readings with a central theme you can meditate on throughout the day.

## 2. Write out your prayers.

Grab a pen and a notepad, and jot down your prayers. You can write in paragraphs,

make lists, or even draw. Embrace the season by indulging your creative side. Open up your heart and mind to what God has to say and what God wants you to do.

## 3. Act on your beliefs.

Use days off to your family's benefit. Talk about one thing you could do together to minister to someone else. This might mean mission outreach at House of Hope or coming up with your own idea. Consider your family's unique passions and abilities and ask God to guide your actions. You might help build a home, serve food, clean up a street, mow a yard, or organize a neighborhood sale to benefit people in need. Whatever you do, be sure it's a stretch for both you and your kids. When you step outside your comfort zone to help someone else, you experience God's love in a whole new way.

It's breaks like these that make the contrast of devotion really mean something.

# The Sunday Exchange Returns in September



Sunday Exchange will take a few months off to enjoy the rest and rejuvenation that summer days offer, but we will meet

again on September 30.

On a scale of 1-10, how difficult is it to live out your values these days?

What questions are you asking of yourself about your beliefs, what a spiritual life really means?

When your faith is on shaky ground, how and where do you look for nourishment?

These and other questions will be discussed when the Sunday Exchange begins again the last Sunday in September.

## Cloister Art Gallery Darlene Thorud, Crop-Art Artist July 31–September 10

*In anticipation of this year's Minnesota State Fair (August 23–September 3) the Cloister Art Gallery is pleased to feature award-winning crop-art artist Darlene Thorud. Plan to visit the Agriculture Building at this year's State Fair to see the crop art entries.*



Darlene Thorud

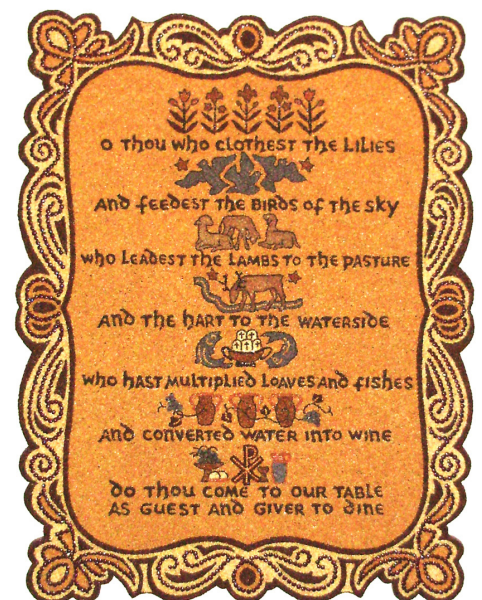
"I could do that!" Those were my exact words when I attended the 1965 Minnesota State Fair and saw my first-ever crop art show. I felt excited and inspired, and even though I was not a trained artist, I was not going

to let that deter me from giving it a try. The next year I submitted my first entry and I have entered each year since.

2018 will mark my 53<sup>rd</sup> consecutive year of exhibiting. I feel I have been instrumental in elevating crop art into a popular, unique-to-Minnesota folk art. Author Karal Ann Marling agrees. She notes it in her book *Blue Ribbon: A Social and Pictorial History of the Minnesota State Fair*. Along the way I have collected more ribbons and top awards than I can count, including a perfect showing in 2002 when my eight entries garnered eight blue ribbons, Best of Show, and Sweepstakes. I have received the Sweepstakes Award (now called the "Premier Exhibitor Crop Art Award") for most points every year since that time.

My advice to anyone who aspires to test their abilities in crop art is to believe in yourself. Attitude is all important with a motto of "Yes, I can do it!" And yes, one does improve from that first crude try at it.

I am a folk artist who has perfected my craft. Over my 53 years, I have developed a recognizable style. My medium is seeds—Minnesota-grown crop seeds that meet the Minnesota State Fair requirements. I always try to be true to the nature of the medium, and I mostly rely on using seeds in their natural colors.





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## National Night Out Volunteers Needed

We are looking for friendly, fun, and dedicated people to come help host the 12<sup>th</sup> Annual House of Hope National Night Out neighborhood event on Tuesday, August 7. Several volunteer opportunities are available from distributing flyers to neighborhood residents the week of July 22–29 to setting up the event on the August 7 beginning at 4 p.m. to tearing down at 8:30 p.m. and everything in between. This is a great opportunity to build relationships with fellow congregation members, our immediate neighbors, and community leaders; enjoy food, activities, entertainment, and learn some things about crime prevention and safety issues. Just stop by the table outside the Kirk Parlor before or after worship service on Sundays starting July 15.

Other ways to contribute include:

Cake Sunday - Donations of cakes/cupcakes/brownies, etc. for the cake walk and soda pop, juice boxes, and bottled water will be accepted at church starting Sunday, August 5 through the start of the event.

Are you a local business owner or know one or two? Do you have contacts in agencies that focus on making our community safer? Sponsors provide a great touch to National Night Out, and it's easy. To be a sponsor, the commitment is to provide a service (table of information related to community building/improvement/crime prevention, children's, youth and/

or adult activity, etc.) or donation (food, canned/bottled beverages, door prize items, cash, etc.).

Questions can be directed to Mary Cardinal Peterson at [PeteCardFive@outlook.com](mailto:PeteCardFive@outlook.com) or (651) 341-7173.

